

November



WRESTLING

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 Heritage Camp 3:00 – 5:00pm	6 Heritage Camp 3:00 – 5:00pm	7 Heritage Camp 3:00 – 5:00pm	8
9	10	11	12 Freshman Camp 3:00 – 4:30pm	13 Freshman Camp 3:00 – 4:30pm	14 1st Official Practice 3:00 – 5:00pm	15 Practice 9:00 – 11:00am
16	17 Practice 3:00 – 5:00pm	18 Practice 3:00 – 5:00pm	19 Practice 3:00 – 5:00pm Picture Day	20 Practice 3:00 – 5:00pm	21 Practice 3:00 – 5:00pm	22 Scrimmage at Darby 9:00 – 11:00am All-Star Meet
23 Youth Tournament at Darby	24 Practice 3:00 – 5:00pm	25 Hydration Practice 3:00 – 5:00pm	26 Scrimmage at Delaware 9am No School	27 No School	28 Practice 5:00pm – 7:00pm No School	29 Practice 7:00am – 9:00am

December



WRESTLING

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice 3:00 – 5:00pm	2 Practice 3:00 – 5:00pm	3 Practice 3:00 – 5:00pm	4 Westland Dual (H) JV 6pm Varsity 7pm	5 Practice 3:00 – 5:00pm	6 Mason Duals (V) Darby JV Dual (JV) Westfall (G)
7	8 Practice 3:00 – 5:00pm	9 Practice 3:00 – 5:00pm	10 Practice 3:00 – 5:00pm	11 Davidson Dual (H) JV 6pm Varsity 7pm	12 Practice 3:00 – 5:00pm	13 Kilted Klassic (V) Gahanna Frosh (F)
14	15 Practice 3:00 – 5:00pm	16 Practice 3:00 – 5:00pm	17 Practice 3:00 – 5:00pm	18 Grove City Dual (A) JV 6pm Varsity 7pm	19 Practice 3:00 – 5:00pm	20 Madison Plains (G) Upper Arlington Dual
21	22 Practice 9– 11 River Valley (JV)	23 Varsity Practice 9:00 – 11:00am	24 Optional Practice	25 OFF	26 Practice 9:00 – 11:00am	27 Practice 9:00 – 11:00am
28 Medina Travel	29 Medina Day #1 Boys Varsity Only	30 Medina Day #2 Boys Varsity Only	31 OFF			

January



WRESTLING

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 OFF	2 Practice 9:00 – 11:00am	3 Practice 9:00 – 11:00am
4	5 Practice 3:00 – 5:00pm	6 Practice 3:00 – 5:00pm	7 Practice 3:00 – 5:00pm	8 Berlin Dual (A) JV 6pm Varsity 7pm	9 Varisty Practice 3-5	10 Porter Memorial (V) Olentangy Orange (G)
11 Olentangy Orange (G)	12 Practice 3:00 – 5:00pm	13 Practice 3:00 – 5:00pm	14 Practice 3:00 – 5:00pm	15 Dublin Jerome (H) JV 6pm Varsity 7pm	16 Varisty Practice 3-5 JV at Bradley 4:30pm	17 Licking Heights (V) Whetstone (G)
18	19 Practice 9:00 – 11:00am No School	20 Practice 3:00 – 5:00pm	21 Practice 3:00 – 5:00pm	22 Olentangy Dual (A) JV 6pm Varsity 7pm	23 Practice 3-5	24 Mason Boyd (V) Upper Arlington (JV)
25 New Lexington (G)	26 Practice 3:00 – 5:00pm	27 Practice 3:00 – 5:00pm	28 Practice 3:00 – 5:00pm	29 Bradley Dual (Station) JV 6pm Varsity 7pm	30 Practice 3-5	31 Practice 9:00 – 11:00am Delaware Christian (JV)

February



WRESTLING

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Practice 3:00 – 5:00pm	3 Practice 3 – 5pm New Albany 6pm (G)	4 Practice 3:00 – 5:00pm	5 T. Worthington (H) JV 6pm Varsity 7pm	6 Practice 3-5	7 State Duals (V)
8	9 Practice 3:00 – 5:00pm	10 Practice 3 – 5pm New Albany 6pm (JV)	11 Practice 3:00 – 5:00pm	12 Marysville (A) JV 6pm Varsity 7pm	13 Practice 9:00 – 11:00am	14 Jerome All North (V) Scioto Freshman (F)
15	16 Practice 9:00 – 11:00am	17 Practice 3:00 – 5:00pm	18 Practice 3:00 – 5:00pm	19 Practice 3:00 – 5:00pm	20 Practice 3:00 – 5:00pm	21 Practice 9-11 Girls Delaware Invite
22	23 Practice 3:00 – 5:00pm	24 Practice 3:00 – 5:00pm	25 Practice 3:00 – 5:00pm	26 Practice 3:00 – 5:00pm	27 Practice 3:00 – 5:00pm	28 Boys Sectional

March



WRESTLING

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Practice 3:00 – 5:00pm	3 Practice 3:00 – 5:00pm	4 Practice 3:00 – 5:00pm	5 Practice 3:00 – 5:00pm	6 Boys Districts at Darby	7 Boys Districts at Darby
8	9 Practice 3:00 – 5:00pm	10 Practice 3:00 – 5:00pm	11 Practice 3:00 – 5:00pm	12 Practice 3:00 – 5:00pm	13 State Tournament at Schottenstein	14 State Tournament at Schottenstein
15 State Tournament at Schottenstein	16	17	18	19	20	21
22	23	24	25	26	27	28